



NewLifeDowntown

- SUMMER 2024 - MEAL GROUPS



New Life Church is a multicongregational church in Colorado Springs. Our vision is to make disciples across the Front Range by calling people to **WORSHIP, CONNECT, AND SERVE.**

At New Life Downtown, we worship at the Lord's Table on Sundays. We connect at each other's tables in Meal Groups throughout the week. We serve by preparing a table for others to encounter Jesus.

Our Meal Groups do four things: **MEET, EAT, SHARE, AND PRAY.** For this summer season of Meal Groups, we're encouraging you to have fun together. There will be a three-part series on the theology of play from Pastor Jason that you will watch and discuss throughout the Summer, and the rest of the time you'll enjoy what summer in Colorado has to offer! Sign up and make community through fun!

In this booklet, you will find a list of new groups as well as one of our New Life Downtown Ministries. If you don't find what you're looking for, please let me know. My desire is that everyone will find a group where they can share their life with others.

**SCAN THE QR CODE FOR A MORE
UP TO DATE VERSION OF THE
MEAL GROUP BOOKLET OR VISIT
downtown.newlifecyclechurch.org/meal-groups**



JAY BENSON

jbenson@newlifecyclechurch.org



PLAYERS & PRAYERS



LEADERS:

Matthew Demeritt

DAY: Every other Monday

TIME: 6:00 - 8:00 pm

GROUP FOR: Men

EMAIL:

matthew.demeritt@gmail.com

ZIP CODE: 80903

AREA: Downtown

KIDS: No

BIO:

It's a summer to play and pray! Come join us around a fire, outside whenever possible, and share with others in our journey with Jesus. We'll find ways to play throughout the summer and commit to regular prayer for each other. Finally, there will always be a treat of some sort - probably ice cream if Matt has his way.

ADULTS PARK GROUP



LEADERS:

Morgan Sandberg

DAY: Every other Wednesday

TIME: 6:15 - 8:15 pm

GROUP FOR: All Adults

EMAIL:

morganflsandberg@gmail.com

ZIP CODE: 80918 / 80907

AREA: Woodmen / Monument Valley Park

KIDS: No

BIO:

Let's have fun in the sun and get outside - Looking to gather people together to have some fun this summer. Let's play in the park and gather to discuss Jason's message on the off week. Connect with others at NLD if you're new or come join just for the summer fun. Meeting at Monument Valley Park (MVP) when weather permits.



DOWNTOWN DADS



LEADERS:

Raheel Alam

DAY: Every other Monday

TIME: 7:00 - 9:00 pm

GROUP FOR: Dads with young kids

BIO:

Join other dads with younger kids to connect and share about how we're doing, the ever changing dynamics of balancing work, parenting and marriage. We'll focus on learning from one another, sharing stories, deepening relationships and supporting one another.

EMAIL:

raheel.m.alam@gmail.com

ZIP CODE: 80907

AREA: Patty Jewett

KIDS: No

FIRST YEARS: MARRIAGE FOUNDATIONS (ministry group)



LEADERS:

Pete and Karen Sanchez

DAY: 1st and 3rd Fridays

TIME: 6:45 - 9:00 pm

GROUP FOR: Couples in their first years of marriage

BIO:

Pastor Pete & Karen Sanchez and our NLD marriage mentors lead a group for you 20/30-somethings as you go through their first years of marriage. This group blends peer community, mentoring relationships, and content discussion around 'what to do after you say I DO'. We gather twice a month at the Commons to talk through foundational marriage discipleship and to build community with others newlyweds.

EMAIL:

psanchez@newlifechurch.org

ZIP CODE: 80903

AREA: The Commons,
332 N Tejon St

KIDS: No





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